Dear Sir/Madam,

Please find attached the required documents in support of my application to operate a home-based sauna and ice bath business.

The proposed business will operate during the following hours:

- Monday to Friday: 7:00am – 8:00pm
- Saturday and Sunday: 9:00am – 6:00pm

The facility will operate on a booking basis only, with a maximum of three (3) patrons permitted onsite at any one time. This will be a members-only facility with no walk-in customers from the street. Casual users may book one-off sessions; however, all patrons will be required to complete a health questionnaire and sign a health and safety waiver prior to using the facilities.

Parking will be on my driveway. It can easily accommodate 3 cars. I have a 2 car garage where my vehicles will be parked. It would be highly unlikely to have 3 persons at one time, however I want the option so that if on the odd occasion a popular day/ time is required my driveway can accommodate it.

The premises are completely enclosed and screened from neighbouring properties and the street by 1.8-metre-high fencing and a locked entry gate, ensuring privacy and security.

The sauna has been professionally installed and connected by a licensed electrician. A copy of the electrical certificate is included with this application.

The ice bath system operates via a standard 10-amp power outlet connected to my garage. All electrical and cooling equipment associated with the ice bath is located inside the garage.

The sauna will operate during the hours outlined above. The ice bath will operate on a booking system only, allowing sufficient time between sessions to empty, refill and chill the water before the next booking.

The water will be disposed of using a water pump attached to a hose. I will attach this to the outlet of the ice bath when emptying. I will use this water on grass/ my garden to be environmentally friendly.

The premises will be monitored by CCTV at the front gate and within the facility for security and patron safety. All patrons will be advised of the CCTV monitoring as part of the sign-up process.

I have received advice from the Department of Health that, as the ice bath is emptied and refilled after each use, Department of Health approval is not required.

The business will primarily provide sauna services, with contrast therapy (sauna and ice bath use) available as an optional service for clients.

I have installed Lap board timber to my metal fence on the immediate neighbours side to the area. This will reduce some noise. I have been in consultation with them and they are happy for me to operate the business. I will of course make all patrons aware of noise restrictions and will liaise with my neighbours to ensure that it does not cause them a nuisance.

Prior to commencing operations, I will have appropriate public liability insurance in place. All patrons will complete a health questionnaire and sign a liability waiver before using the facilities.

The facility is intended primarily for adults. Persons aged 14 to 17 years will only be permitted to use the facilities when accompanied by a parent or responsible adult.

I trust the attached information is sufficient for the assessment of my application. Should you require any further information, please do not hesitate to contact me.

Kind regards,



16 Arthurian Way Baldivis. 6171.